

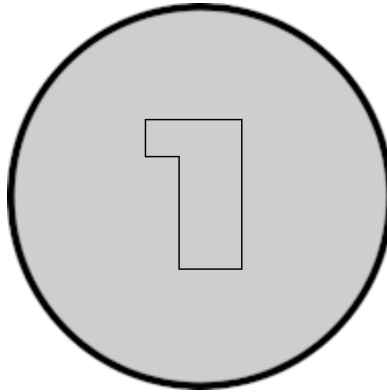
The Everyday Marksman

Pistol Basics

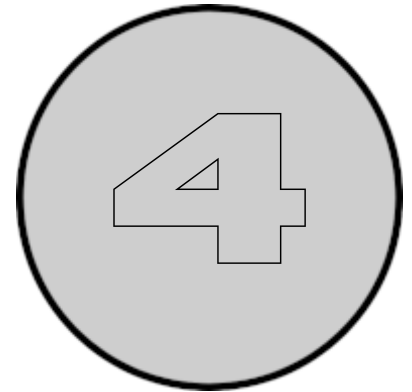
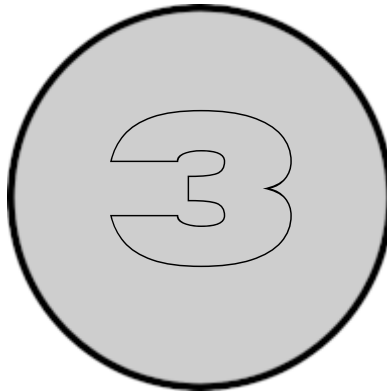
Date: _____
Distance: _____
Time: _____
Pistol: _____
Score: ____ / 30

Dot torture drill adapted from Todd Louis Green (2007) www.pistol-training.com and David Blinder www.personaldefensetraining.com

INSTRUCTIONS: Follow the shot sequence for each dot on the page. This course of fire requires 30 shots. Hits only count if the center of the impact breaks the black border or inward. Par time is 5 minutes.

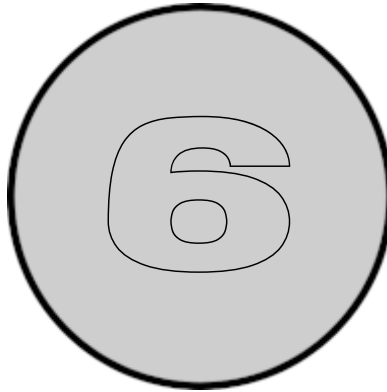


Draw and fire single shot three times (3 shots)



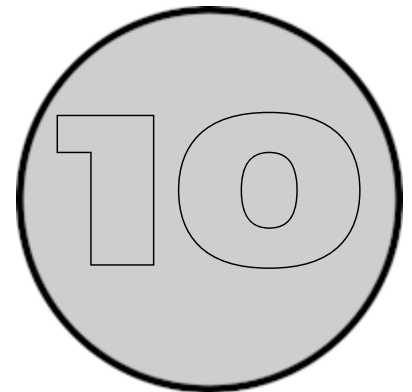
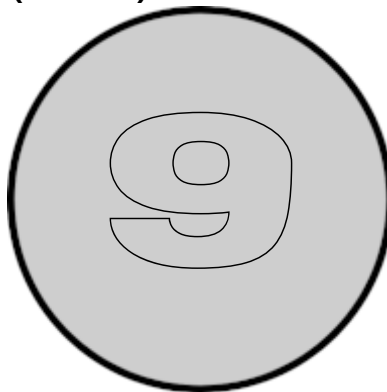
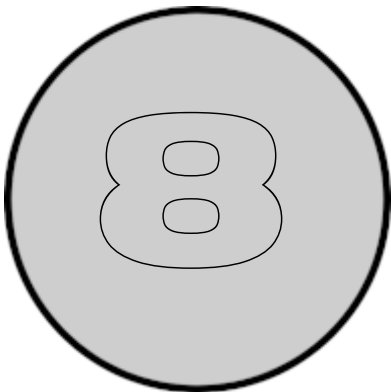
Draw and fire one shot at 2 then one shot at 3, three times (6 shots)

3 shots slow fire, strong hand only (3 shots)



Draw and fire one shot at 5 then one shot at 6, three times with strong hand only (6 shots)

3 shots slow fire, weak hand only (3 shots)



From low ready, fire one shot at 8 then one shot at 9, three times with weak hand only (6 shots)

Draw, fire once, speed reload, fire two more (3 shots)